



Smithsonian Associates

Henna Workshop

Instructor: Sharmila Karamchandani

Students will need to purchase materials prior to attending the class -- many of which may be found either at home or at your local craft or dollar store -- including the following:

Items you may not have at home:

- 100g Fresh **Henna Powder** (Click link for recommended brand or get any other triple sifted henna for body application)
 - https://www.etsy.com/listing/150754692/brown-red-henna-tattoo-body-art-powder?ref=shop_home_active_5&frs=1&crt=1
- Lavender or Eucalyptus pure Essential Oil
- A nylon stocking (Only if you do not purchase triple sifted henna)
- 1 sheet protector (for practice)
- A roll of cellophane paper or ziplock bags to prepare cone applicator (can be found in the gift wrapping aisles of any craft or dollar store)

Items you may already have at home:

- Water, lemon juice, or black tea
- Sugar (any variety is fine)
- Small glass or ceramic mixing bowl
- Spoon
- Tall glass/cup
- Paper towel, napkin, or tissue
- Scissors
- Transparent tape (clear tape, not the "magic/invisible" variety)
- Copy paper, pencil and eraser

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