

## **Small Handmade Quilt.** 2 sessions - 10 hours 2019

Teacher - Lauren Kingsland

Learn the basics of hand-stitched quilting by creating a small (16" square) pieced quilt. We will talk about materials selection and use of tools including rotary cutters. We will use basic templates to create blocks, assemble them into a top, add a border, make a "quilt sandwich", stitch the layers together and bind the edges. Because the project is small, you will learn the piecing, quilting and finishing techniques used in larger quilts during a 2 session class. No sewing machine is needed in class - all work can be done by hand. (Sewing machines may be used at home in between classes).

For many people, hand quilting is a mindfulness practice. Stitching is an excellent chance to step away from a busy life and focus quietly on the task at hand. The portability of handwork makes it an ideal project for commuting, travel or times of waiting.

Materials needed: \*\*\*

Fabric for the wallhanging - 100% cotton quilting fabric - pre-washed and pressed

*For the simplest version of the project bring -*

1/4 yd. (fat quarter 18 x 22) color #1 - medium print or solid

1/4 yd. (fat quarter 18 x 22) color #2 - light print or solid

1/4 yd. (fat quarter 18 x 22) color #3 - dark print or solid

1/4 yd. (fat quarter 18 x 22) for the backing

*Extra fat quarters will be available for purchase from the instructor at class.*

Batting 18 x 18" piece - Quilters Dream preferred ( for the 2nd class)

Thread - gray or neutral, high quality cotton

A .5 mm mechanical pencil

Colored pencils (yellow or white) for marking dark fabric

Sewing needles

Fabric scissors

Straight pins

Thimble

(Optional: Rotary cutter set including cutter, small mat and acrylic ruler. There will be rotary cutters to share at the first class if you do not have one and want to try before you buy.)

Your own lunch, plus a healthy snack to share, if you wish.

\*\*\* (A complete kit including fabric, batting, thread, needles, pins may be ordered from the instructor prior to the class for \$40)

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