



Smithsonian Associates

Artful Mind, Tranquil Mind

with Sushmita Mazumdar

This class uses some materials from around the home, office, and garden or park.

Session 1

[Sketch book](#), pencil, ballpoint pen, marker/highlighter, color pencil (any color), [water-soluble graphite crayon](#) (2B, 4B, 6B or 9B will work), container with water, tape

Session 2

Sketch book, twig (2-3), pebble (2-3), food coloring OR [transparent ink](#), small container for food color/ink, paper towel/napkin

Session 3

[Handmade Paper Scrap Pack](#), stapler, string 12”

Session 4

Newspaper sheets (2), magazine pages (2), string 12”, pencil

Session 5

Sketch book, [Color Pencils](#) (set of 12), pencil, bamboo paper folding tool (Bamboo paper folding tool: <https://www.dickblick.com/items/aitoh-bamboo-paper-folding-tool-small-545/>)

Session 6

Sketch book, color pencils, [ruler](#) (12”), pencil