



# Smithsonian Associates

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## Visual Journaling: Creativity Workout

with Renee Sandell

### **SUPPLY LIST**

- 10 sheets of white drawing paper (minimum 60 lb)
- Black Sharpie pen
- Black Sharpie marker
- Pencils Assortment of soft lead 2B, 4B, 6B plus any color pencils
- Pencil sharpener
- Color markers: fine-tipped and extra-fine tipped watercolor markers

### **Optional tools to have on hand**

- “Meaningful” objects to draw from
- Mirror with stand
- Magnifying glass