



# Smithsonian Associates

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## The Art of Journaling in Pen and Watercolor

with Lubna Zahid

### SUPPLY LIST

- Permanent pens – Pigma Micron .03 & .05, black
- Journal/paper
  - 5.5" x 8.5" vertical blank journal with watercolor or mixed media paper
  - Try to avoid spiral binding and handmade paper. My personal favorite is Stillman & Birn (Beta or Delta Series)
- Any drawing/sketch pad or whatever you have for rough sketches
- Brushes
  - Sable or Synthetic blend #1, 3, 6 or closer sizes, round pointed
  - Make sure that the round brushes form a good point and spring back to shape when wet
- Any good quality watercolors
  - Suggested brand: Windsor & Newton's Watercolor pan set
- A palette with large mixing areas or an old white dinner plate
- Two small containers for water
- Graphite pencil
- Soft white eraser
- Paper towels

Keep your favorite quotes and photographs handy.

### Sources for supplies

- Online:
  - [www.Dickblick.com](http://www.Dickblick.com)
  - [www.jerrysartrama.com](http://www.jerrysartrama.com)
  - [www.cheapjoes.com](http://www.cheapjoes.com)
- Art Stores:
  - Plaza Artist Materials
  - Michael's Art & Craft Store
  - Utrecht Art Supplies

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