



# Smithsonian Associates

---

## Frida Kahlo: Artist Feminist Gardener

with Sandra Warren Gobar

### SUPPLY LIST

If you already have various supplies, please forgo buying added supplies. What I have listed are only suggestions and we will have a discussion referencing supplies on the first day.

Please bring the supplies listed below to the first class.

- Sketching Graphite [2B, 4B + 7B]
- Kneaded Erasers
- Portable Pencil Sharpener
- Small Color Wheel
- Small Viewfinder
- Craft Knife
- Papers Sketchbook [9" x 12"] or any size will work, 70lb weight paper or more
- Paper towels like the Blue Shop Towels or any old soft cotton kids' t-Shirt
- Palette
  - Watercolor palette
  - 2 Metal Palette Knives
  - Plastic gloves/Ziplock bag for disposing trash generated in the garden
- Any Water-Mixable Oil Paints will work
- Winsor + Newton Artisan Water Mixable Oil Paint Sets **OR** Dale-Rowney Georgian Water Mixable Oil Paints Set
- Suggested colors to buy or have on hand:
  - Burnt sienna
  - Ultramarine blue
  - Yellow ochre
  - Cadmium red
  - Burnt umber
  - Cerulean blue
  - Permanent rose
  - Indigo
  - Raw Sienna
  - Cobalt blue

- Alizarin crimson
- Paynes gray
- Terra Verte
- Hookers Green
- Cadmium orange
- Chinese white
- Black
- Water Mixable Supplies
- Arches Watercolor Paper Pad- 140lb cold press **OR** watercolor paper/Strathmore cold press 140lb or] 11” x 14” or larger size **OR** Watercolor Canvas
- Brushes sizes are optional. You may bring in what you already have, or
  - Rounds #2, #4, #6, #8, #10, #12, Flat #1, Rigger #4. Suggested brands:
    - Princeton
    - Winsor + Newton
- Miscellaneous Items:
  - Plastic or Ceramic Palette for mixing watercolor paints
  - 2 Large plastic containers for water rising
  - Storage

When making purchases, invest in your excellent quality watercolor paper, brushes and then paint. Do not waste your money on student grade supplies. It’s better to buy a few excellent quality brushes than several cheap brushes.

- Any Portable Easel **OR** you may use the Smithsonian easels
- Large Drawing Board, 1 inch larger in diameter than your watercolor paper will work if you are not using a watercolor pad
- If using tube paints, any portable palette with a large mixing area sectioned off for paints or a large rectangular Tupperware container with a top that seals will work well
- Lightweight folding chair or camping chair
- Waterless liquid Soap
- White Artist Tape
- Cellulose sponge
- Sea Sponge
- Masking fluid
- Old toothbrush
- Straight edge razor
- Bulldog Clips
- Sunscreen
- Insect Repellant
- Wide Brim Hat
- Paper towels

- Soft Rags
- Large Ziplock Bags to dispose of artist's supplies/ waste, Water Bottle, cell phone to take reference photos.
- Optional handheld wheeled luggage or backpack to carry your supplies, snacks + lunch

Students may be asked to acquire additional tools during the workshop.

Supplies may be purchased from the following sources:

- Blick Art Materials: [www.dickblick.com](http://www.dickblick.com)
- Jerry's Artarama: [www.jerrysartarama.com](http://www.jerrysartarama.com)
- Amazon: [www.Amazon.com](http://www.Amazon.com)
- Plaza Artist Materials + Picture Framing Stores: 1120 19th St. NW, Washington DC
- Blick Art Materials Art Supply Store: 1250 I St. NW Washington, DC

Please feel free to contact me if you have additional questions.

"I don't really know if my paintings are surreal or not, but I do know that they represent the frankest expression of myself." – Frida Kahlo (1907-1954)