



Smithsonian Associates

Hand Quilting for the Non-perfectionist

with Lauren Kingsland

SUPPLY LIST

Materials needed:

For reference -Quilting fabric is about the weight of a man's dress shirt

100% cotton quilting fabric - pre-washed and pressed

- 1/4 yd. (fat quarter 18 x 22) color #1 - medium/dark solid or low contrast print
- 1/4 yd. (fat quarter 18 x 22) color #2 - print or solid to complement fabric #1
- 3/4 yd. for front and backing
- Small pieces for appliqué in contrast color

Bring small amounts of additional fabrics if you like more colorful quilts.

- Quilters Dream batting - Request weight, Craft size
- Thread - gray or neutral, high quality like Gutterman
- A steam iron and ironing board
- .5 mm mechanical pencil
- Colored pencils (yellow or white)
- Rotary cutter & mat with 18" acrylic ruler
- Sewing needles (assortment of between 8,9,10)
- Small scissors for snipping
- Large Fabric shears
- Straight pins
- Thimble
- Needle Threader
- Freezer paper