



Smithsonian Associates

The Art and Science of Joy

Steven Petrow and Todd Doughty

Thursday, December 12, 2024 - 6:45 p.m. to 8:00 p.m. ET

BOOKS:

- Steven Petrow, *The Joy You Make*
- Todd Doughty, *Little Pieces of Hope*
- Catherine Gray, *The Unexpected Joy of Being Single*
- Ingrid Fetell Lee, *Joyful*
- Christian Wiman (editor), *Joy: 100 Poems*
- Tracey Michael Lewis-Giggetts, *Black Joy*
- Dalai lama and Desmond Tutu, *The Book of Joy*
- Angela Williams Gorrell, *The Gravity of Joy*
- Ross Gay, *Inciting Joy*

RESEARCH STUDIES (SELECTED):

Robert Emmons, "Joy: An introduction to this special issue" (*The Journal of Positive Psychology*, v. 15 n. 1)

Avraham Cohen et. Al., "Eastern Wisdom, inner work, and aging: a contribution in second wave positive psychology," (*Counselling Psychology Quarterly*, v. 32, n. 3-4)

Jeffrey Arnett, "Joy: An integrative theory," (Same as Emmons)

Danielle Cacioppo, "The cultivation of joy: practices from the Buddhist tradition, positive psychology, and yogic philosophy," (Same as Emmons)

Charles Mathewes, "Some remarks on joy," (Same as Emmons)

Elizabeth Krumrei-Mancuso, "Reflections on the science of joy," (Same as Emmons)

Matthew Kuan Johnson, "Joy: a review of the literature and suggestions for future research," (Same as Emmons)

Lynn G. Underwood, "Refining research on joy," (Same as Emmons)

Raymond Mar, "Stories and the promotion of social cognition," *Association for Psychological Service*, v. 27