



# Smithsonian Associates

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## QUILTING THE LABYRINTH

with Lauren Kingsland

### Class plan -

Week 1 - Overview of labyrinths with guest speaker filmmaker **Cintia Cabib:**

Design and construction options, Labyrinth practice exercises,  
Circle finishing technique.

Week 2 - Templates and construction techniques

Week 3 - Assembly and finishing techniques

**Materials** - for final project of a 20" diameter labyrinth circle applied to larger background.

### For class #1

Bring **practice study fabrics** -

4 - 10" squares of quilting fabric (possible final project choices)

8" square Wonder Under (fusible webbing on paper)

10" square batting (Quilters Dream brand Cotton Request or Dream Green recycled)

12" square backing fabric

1/4 yd. (fat quarter) of binding/flange for making bias strips

### **For class project**

3/4 yd. background fabric (27")

3/4 yd. labyrinth fabric

1/2 yard - binding & flange

1 yd backing fabric

Batting - Quilters Dream - craft size (46 x 36") cotton Request or Dream Green

Optional: 1/2 yd. border fabric

### **Tools -**

Rotary cutter set - cutter, rulers, mat, extra  
blades

Small scissors

Hand needles

Thread

Compass

Highlighter

Pencil & colored pencil

Thimble

Threader

Straight pins, File folder, Painters tape