



Smithsonian Associates

LOG CABIN QUILT BUILDING BLOCKS

with Lauren Kingsland

Project may vary in size from table runner to bed-sized, depending on the experience of the student.

Supply list:

- Sewing machine
- Rotary cutter & extra blades
- Cutting mat
- Acrylic ruler 18 or 24" long
- Acrylic square ruler for rotary cutter 12.5" or larger
- Scissors for threads
- Pins
- Iron & ironing board
- Thread - Cotton, Gutterman or similar brand in medium value like gray, taupe, lavender OR to match overall color.

This project can be very interesting made with many fabrics that are similar color/value but not exactly matching. Scraps and leftover ends work well.

Fabrics - (first amount for **runner/throw size**, **second for (twin size)**)

- **1/8** to (1/4) yd. medium value accent color for the center.
- **3** to (5) yds. **total** of quilting fabric in the following pieces:
 - 1.5 to (2.5) yds total of Color A in **light** values - at least 4 different fabrics
 - 1.5 to (2.5) yds total of Color B in **dark** values - at least 4 different fabrics

Feel free to bring an assortment of pre-cut strips in any width, any print from your scrap collection. Strips should be longer than 18".

Note on fabric choices - please bring good quality 100% cotton quilting fabric that has been pre-washed.

If you wish...before class:

Cut the center fabric into 2" strips.

Cut one strip of each additional fabric 2" wide & the full 42" length

Backing fabric for a Table Runner – ¾ yard.