



# Smithsonian Associates

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## KEEPING UP THE SKETCHBOOK HABIT

with Sue Fierston

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Jump start your ideas by experimenting with several new techniques, including creating with colored pencil on mid-toned paper, painting with limited color palettes, and drawing one object repeatedly over time. In the Sketchbook Habit II we focus on keeping your sketchbook habit going!

Art supplies are, available online at [dickblick.com](http://dickblick.com), [Jerrysartarama.com](http://Jerrysartarama.com), [Amazon](http://Amazon), or at your own art supply store. Don't hesitate to email with any questions.

### Materials:

- **Watercolor sketchbook with paper of at least 80lb** measuring 8 x 5 inches up to 11 x 14 inches.
  - Brands I use myself are Handbook, Molskene, Strathmore drawing spiral bound, 80- 90 lb. pound paper, and Canson spiral bound 75-90 lb. paper. I look for a sketchbook that is easy to carry and one that will withstand a light watercolor wash.
- **Watercolors:** Your own set, or for travel, the smallest and lightest set possible
  - Yarka 12 color watercolor set (an inexpensive choice with lovely colors)
  - **OR** from [Arttoolkit.com](http://Arttoolkit.com): Daniel Smith Essential colors set + Demi palette. This is a tiny aluminum palette that you fill with your own tube watercolors.
  - **OR** Winsor and Newton Cotman or Professional Half Pan travel set. Both come pre- made with watercolors in pans.
- **Watercolor paintbrush:** # 8 or #10 round
- **#2 pencil** and gray kneadable eraser
- **Pilot parallel calligraphy pen 2.4 mm.** This unusual pen changes line width as you turn it. The pen set includes ink, but it isn't waterproof. To use waterproof ink with this pen, buy a converter and fill the pen with waterproof ink such as Noodler's Polar Black Ink.
  - I bought the converter on Amazon (Pilot Fountain Ink Converter Screw type \$6)
  - If you already have a fountain pen with waterproof ink, you can start with that.
- **For Class 2:** 3 inch foam trim roller, white paper plate, Speedball blue block printing ink 1.25 oz
- **For Class 3:** Posca acrylic marker, sky blue and another of your choice

- **Caran d Ache crayons**, or any chalk pastels. Bring the colors you have, or purchase a few individual pale colors in the pale colors range, no need to buy an entire set.
- **White Uniball signo 153 gel pen**
- **Toned paper**, either a few loose sheets or a sketchbook such as Strathmore Mixed Media Pad.