Figure Painting from Life

with Mark Giaimo

SUPPLIES

RECOMMENDED COLOR BRANDS (artist's grade only – not student grade)

- Plaza Artist Oils (these are inexpensive but good).
- Utrecht (also inexpensive but good); available at Blick Art supply in downtown DC.
- Gamblin (good price, better quality); please DO NOT use Gamblin 1980 brand it's student grade and not very good.
- Winsor & Newton Artist Grade (also good and slightly more expensive). Again, please DO NOT use their Winton brand.

BASIC COLORS (must haves)

- 1. Titanium White (I prefer flake white hue or replacement)
- 2. Ivory Black
- 3. Burnt Umber (or Raw Umber)
- 4. Burnt Sienna
- 5. Permanent Alizarin Crimson
- 6. Cadmium Red Medium
- 7. Cadmium Yellow Medium
- 8. Yellow Ochre
- 9. Ultramarine Blue

BRUSHES

Plaza Georgetown filberts (or flats). These are good inexpensive brushes. Get two of each of sizes 2*, 4 and 6. If you can't find them or they are out of stock, these are better and pricier: Robert Simmons slightly more expensive. Available at Plaza.

Blick Master Stroke Bristle (Available at Blick)

One or two size 4 synthetic brush (flat or filbert, any brand)

*Silver or Grumbacher size 2 Extra-long filbert brushes. If possible, these are available at Arthouse 7 in Arlington, VA and are superior to the size 2 Plaza Georgetown filberts.

CANVAS

Size 16x20" or larger. Both Blick and Plaza have good student value-packs. You shouldn't need more than 5 canvases. I like to pre-tone my canvas using a grey acrylic paint (something like "Liquitex Basics Neutral Grey 5"). It helps in judging colors and also decreases the absorbency of the canvas. It should look something like this:

OTHER SUPPLIES

- Solvent-Gamsol or Turpenoid Slow Dry in a SEALED CONTAINER
- Medium- Gamblin Galkyd gel. Linseed oil is fine as well but be sure you have a small container to put it in.
- Palette, 12x16" or larger. They also have them in disposable pads which are nice for class.
- Paper Towels
- Palette knife
- Knitting needle or wooden skewer.
- Two Steel grip spring or D clamps 2" opening (generic hardware store type) to clamp pad or canvas to easel