# MIXED MEDIA ART WARMUPS

## with Marcie Wolf Hubbard

Below is a list of supplies and feel free to improvise with items you may already have or find around the house.

## Improvise with supplies you may have at home.

Here are some items which you could use:

- Oil pastels (inexpensive or student grade is fine, such as Sakura Cray-Pas Junior Artist Oil Pastels, but NOT Artist's Loft brand)
- Colored pencils
- Drawing pencil or any pencil
- Ballpoint pen or ink
- Paper: options: Mixed media paper 9" x 12" (preferred), cover stock, watercolor paper or drawing paper- or Junk Mail
- Watercolor pan set with brush (student, inexpensive)
- Acrylic paint\*, brushes, palette (could be large plastic food carry out containers)
  - \*Student grade acrylics are fine- basic colors plus black and white. Additional colors if you desire. Suggestions include Dick Blick studio acrylics, Amsterdam Standard Series Acrylics or Liquitex Basics Acrylic Colors
- Container for water (for example: reusing deli/food container)
- Glue stick (such as Elmer's, Avery, UHU etc.)
- Old magazines, books, newspapers, old calendars, junk mail.
- Eraser
- Mat board or cardboard scraps
- Mat board or surface to cut on
- paper clip
- Miscellaneous papers (scraps- think color, patterns, old book pages, food wrapping, etc.)
- Xacto knife, blades
- Ruler
- Scissors
- Clear contact paper, or clear packing tape.
- Old photographs, photocopies, postcards

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#### Additional OPTIONAL items-

- YES glue
- Caran d'Ache Classic Neocolor II Water-Soluble Pastels (single colors, ok.) If you have these, you
  will not need oil pastels.
- Transparencies (used to use with overhead projectors.)
- Sandpaper
- Vaseline
- Candle (wax)
- Bubble wrap/cushion Amazon mailing package

Existing artwork (recycle your old drawings, paintings, prints, etc.) OR anything that you're thinking of working with (REPURPOSING ITEMS, ETC.) I could give input, make suggestions, help w/planning. Old photographs, photocopies, postcards (see below)

## If using existing art—

• Suggestions are drawings in charcoal or pencil; watercolor; photographs, prints on paper. You could also use photocopies (on regular copy paper or cover stock. Black copies work best.)

Below is a list of miscellaneous items you may want to include in a mixed media painting. My website is below. You can get an idea of how I work, and what kinds of items I include in my mixed media paintings. (See my #time travel/ journey series too.)

## For making photo transfers: to use in collage/mixed media art-

Book pages; magazine, and newspaper

## If you would like to use your photographs, they need to be laser copies.

- (I go to Fedex/Kinkos or Staples to make laser copies. Best to have high contrast, as whatever is white, will be clear and you can see through when you make a transfer.
- Inkjet prints do not work; printed photos- that you've sent away, (for ex. Kodak, Fuji or anything on photo paper) will not work.

### Below is a list of OPTIONAL miscellaneous items.

- Found objects & small items from home, or nature: Items that "catch your eye" (shiny, colorful, or drab) Items with texture (not flat, but having ridges)
- magazines
- old books, old instructions you don't need anymore-schematics, different languages, etc.
- netted bags for onions, clementines
- Packaging materials, bubble wrap, corrugated cardboard, Cardboard coffee protectors (Starbucks, etc)
- fabric scraps, lace, ribbon or trim
- tissue paper
- Bling—broken jewelry, orphaned earrings, beads, game pieces, etc
- (Clean) food or candy wrappers

- Postcards or maps
- Postage stamps (used)
- Old medals from pets, Small vacation souvenirs (Used train tickets, airline, bus passes, transfers)
- Old workplace, or home memorabilia
- (Stray) buttons, game pieces, scrabble letters, domino, chess pieces