



Smithsonian Associates

**Visual Journaling: Creativity Workout**

**Instructor: Renee Sandell**

**Supplies:**

Sketchbook or 10 sheets of White Drawing Paper (min. 60 lb)

Black Sharpie pen

Black Sharpie marker

Pencils Assortment of soft lead 2B, 4B, 6B plus any color pencils

Pencil sharpener

Color Markers: Fine-tipped and extra-fine tipped watercolor markers

**Optional Tools to have on hand:**

“Meaningful” objects to draw from

Mirror with stand

Magnifying glass

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