

**Sur La Plage: Painting the Beach** Instructor: Adrienne Wyman

## AdrienneArtist@gmail.com

The beach is a plethora of colors both natural and synthetic, from the sand and sky to colorful bathing suits and beach toys. For beach painting I recommend that you have all your colors on hand. Below is a list of colors that I think you can't live without.

## **PAINTS: ESSENTIAL OIL COLORS**

- Burnt Sienna
- Alizarin Crimson
- Cadmium Red Light or Vermillion
- Raw Sienna or Yellow Ochre
- Indian Yellow
- Lemon Yellow
- French Ultramarine Blue
- Cobalt Blue
- Titanium White or Flake White
- Ivory Black

I like the following brands: Winsor and Newton, Rembrandt, Williamsburg, Sennelier and Gamblin brands (Please don't purchase student grade paint. The quality is not as good, and you will become frustrated)

BRUSHES: Filbert or Flat Hog's Bristle Brushes in various sizes #2, #4, #6 (sizes vary by manufacturer) Make sure the brush is firm enough to hold paint; you can't put paint on well with a flimsy synthetic brush. The right brush is very important! For painting beach scenes, you will need stiff brush that can really load on the paint. I recommend you have a limited selection of good quality bristle brushes. Don't use synthetic flimsy brushes. The shape of the brush should be flat (shown in the picture) or filbert (with a curved tip). The brush should be flat and not rounded.



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EMAIL: <u>ASSOCIATES-STUDIOARTS@SI.EDU</u>

**CANVAS:** For beach painting I recommend you use a white canvas. For the first day have a8 x 10 or 9 x 12 canvas or panel. You can use a larger canvas depending on what you use for your next painting.

**REFERENCE IMAGES:** I will be sending reference images for you to use during class, but you will also have the option to paint from your own pictures. Start looking through family photos and plan to have images on hand the first day. I will help you chose which photos make the best reference for a painting.

## **OTHER SUPPLIES**

 Solvent: May be labeled Oderless mineral spirits, Gamsol or Turpenoid (Do NOT buy the Green label – it smells horrible and is just for cleaning brushes)



Solvent Container: I like to use a container with a lid for transporting solvent.





o Paper Towels (I like soft paper towels that don't leave lint, like Blue Shop Towels or Viva.

## **Palette**

I like to use a glass palette with gray paper underneath when painting in my studio. You may like disposable gray sheets of palette paper. Gray is recommended over white to help judge colors better.



Gray pad of palette paper

Sources for materials

Jerry's Artarama: <a href="http://www.jerrysartarama.com">http://www.jerrysartarama.com</a>

Art Supply Warehouse: www.aswexpress.com

Dick Blick: <a href="http://www.dickblick.com">http://www.dickblick.com</a>

Silver Brush <a href="http://www.silverbrush.com">http://www.silverbrush.com</a>

Plaza Art Supply Store in Fairfax on Nutley Street (http://www.plazaart.com/)

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