



Smithsonian Associates

Written in Fabric: Memory Messages Through Quilts

Instructors: Heather Kerley and Lauren Kingsland

Hands-On Project Goal - Each participant makes an 18" Memory Quilt block to be shared digitally to the virtual whole quilt at the final class session.

General supply list - for all classes

For the first class

- Sketchbook or journal for written and visual notes each week
- Embroidery supplies -
 - ¼ yd. Muslin for practice sample (piece to be used later for other experiments)
 - Embroidery needles (DMC assorted size 1-5)
 - DMC 25 6-Strand Embroidery Floss in a variety of colors
 - 5" or 6" embroidery hoop (or larger if you intend to embroider a large area)
 - Fabric scissors and snips

Other supplies needed during the course -

Quilting supplies -

- 1 ½ yard muslin for foundation and backing, practice samples & labels
- ¼ yard cotton quilting fabric for binding
- Craft size batting - (36 x 46") Quilter's Dream - Dream Green
- Assorted quilting fabrics
- Repurposed fabrics like t-shirts, ties, garments
- Hand sewing needles (John James Size 5-9)
- Cotton sewing thread - high quality brand like Gutermann, Presencia, etc. - Gray
- Straight pins

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FACEBOOK: SMITHSONIAN STUDIO ARTS INSTAGRAM: @SMITHSONIANASSOCIATES

EMAIL: ASSOCIATES-STUDIOARTS@SI.EDU

Optional supplies (not needed the first week) -

- Rotary cutting set - cutter, ruler, mat
- Sewing Machine
- *Printer fabric transfer *paper* sheets - Avery
- *Printable *fabric* sheets - EQ Printables, Printed Treasures
 - *Select printing products appropriate to your printer*
- Archive of personal photographs to incorporate
- Pigma pens and other fabric markers
- Freezer paper, available in the grocery store
- Alphabet rubber stamps and pigment inkpad
- For block printing using Speedball products:
 - Fabric Block Printing Ink
 - 4" Pop-In Soft Rubber Brayer
 - Speedy Carve Blocks
 - Linoleum Cutter Set, Handle with 5 cutters
- Stabilizer like Easy-knit for lightweight repurposed fabrics
- Found objects of special significance