Written in Fabric: Memory Messages Through Quilts

Instructors: Heather Kerley and Lauren Kingsland

Hands-On Project Goal - Each participant makes an 18” Memory Quilt block to be shared digitally to the virtual whole quilt at the final class session.

General supply list - for all classes

For the first class

- Sketchbook or journal for written and visual notes each week
- Embroidery supplies -
  - ¼ yd. Muslin for practice sample (piece to be used later for other experiments)
  - Embroidery needles (DMC assorted size 1-5)
  - DMC 25 6-Strand Embroidery Floss in a variety of colors
  - 5” or 6” embroidery hoop (or larger if you intend to embroider a large area)
  - Fabric scissors and snips

Other supplies needed during the course -

Quilting supplies -

- 1 ½ yard muslin for foundation and backing, practice samples & labels
- ¼ yard cotton quilting fabric for binding
- Craft size batting - (36 x 46”) Quilter’s Dream - Dream Green
- Assorted quilting fabrics
- Repurposed fabrics like t-shirts, ties, garments
- Hand sewing needles (John James Size 5-9)
- Cotton sewing thread - high quality brand like Gutermann, Presencia, etc. - Gray
- Embroidery needles (DMC assorted size 1-5)
- DMC 25 6-Strand Embroidery Floss in a variety of colors
- 5” or 6” embroidery hoop (or larger if you intend to embroider a large area)
- Fabric scissors and snips
- Straight pins

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Optional supplies you may need -

• Rotary cutting set - cutter, ruler, mat
• Sewing Machine
• *Printer fabric transfer *paper sheets - Avery
• *Printable fabric sheets - EQ Printables, Printed Treasures
  o Select printing products appropriate to your printer
• Archive of personal photographs to incorporate
• Pigma pens and other fabric markers
• Freezer paper, available in the grocery store
• Alphabet rubber stamps and pigment inkpad
• For block printing using Speedball products:
  • Fabric Block Printing Ink
  • 4” Pop-In Soft Rubber Brayer
  • Speedy Carve Blocks
  • Linoleum Cutter Set, Handle with 5 cutters
  • Stabilizer like Easy-knit for lightweight repurposed fabrics
• Found objects of special significance