



## Today's Quilts by Hand, Continued

**Instructor: Lauren Kingsland**

### Supplies

- **Materials and tools:**

Assortment of pre-washed cotton quilting fabrics in variety of values. -

- (Start with 6 fat quarters and plan to add as your project develops.)
- Quilters Dream batting, cotton request
- Found/repurposed fabrics

### Basic hand sewing kit including:

- Shears for fabric
- Small scissors for threads
- Paper scissors
- Needles
- Threads - good quality long staple cotton (Guterman, Presencia, etc.)
- Seam ripper
- Thimble
- Straight pins - long, thin
- Needle threader
- Rotary cutting set - 45 or 60 mm cutter, cutting mat, acrylic ruler 4 x 18 or larger
- Iron & ironing board
- Mary Ellen's Best Press spray
- Pressing cloth

### Other

- .5mm pencil
- Ruler
- Graph paper
- Freezer paper

### Rule of thumb about how much fabric to buy -

Fabric comes 40-44 " wide. IN GENERAL - You need 2.5 to 3 times the finished area because of seam allowances, backing, bindings, etc.

- A baby quilt (36 x 36") needs 2.5 to 3 yards total fabric. This is 1 yard for the back, 5 fat quarters (total of 1.25 yard) for the front including borders and another 1/4 yard full width (40") for the binding.
- A lap quilt (60 x 60") needs about 3 yards for the back and another 3-4 for the front and binding.
- A twin quilt (70 x 80") needs 4 yards for the back and 4-5 for the front/binding.