



Smithsonian Associates

Sustainable Closet: Darning and Mending

Instructors: Lauren Kingsland & Heather Kerley

Supplies:

- Sewing thread - Good quality like Gutterman, in 100% cotton, and also in polyester, in black, white, gray and colors to blend with garment.
- Fabric pieces of similar weight to garment to be mended
- Topstitching thread - a heavier weight on the machine as contrasting element
- Fusible interfacing - Easy-knit and/or non-woven
- HeatBond for heavy duty jobs
- Sewing machine
- Sewing machine needles - assortment of 70, 80, 90 plus ballpoint and jeans needles
- Seam ripper
- Scissors - large and small
- Straight pins
- 6" sewing ruler
- Marking tool - washable pencil OR tailors chalk OR soap sliver
- Iron and board
- Pressing cloth (Natural fiber - a square of muslin or old table napkin)
- Cloth tape measure
- Assorted embroidery floss such as DMC 6-strand 25 in multiple colors
- Cotton patches
- Sashiko embroidery needles
- Regular embroidery needles size 3-6
- Small ruler
- Washable fabric pen

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