



Creative Instagram Content: Habits for Success Instructor: Sandra Cerna

Students are required to have a smartphone or tablet from which to post and have the Canva and Lifelapse apps downloaded prior to the first class (each comes with a 30-day free trial)

<https://www.canva.com/pro/>

<https://www.lifelapseapp.com/pro>

From Sandra:

Here is a list of helpful stop motion supplies that are **completely optional** and not necessary to have for this class. The most necessary one I would say is a bluetooth remote for your phone, but I will teach you how to use headphones with volume adjusters as a bluetooth remote. I will also teach you how to make tripods out of household supplies like mugs and books. This is mostly for any of you who want to invest in a budget kit and will plan on shooting stop motion regularly.

- [Lighting Kit](#)
- [articulating arm tripod](#)
- [Alternative Tripod bluetooth remote combination](#)
- [bluetooth remote](#)