

Visual Journaling: Creativity Workout Instructor: Renee Sandell

## Supplies:

10 sheets of White Drawing Paper (min. 60 lb)

Black Sharpie pen

Black Sharpie marker

Pencils Assortment of soft lead 2B, 4B, 6B plus any color pencils

Pencil sharpener

Color Markers: Fine-tipped and extra-fine tipped watercolor markers

## **Optional Tools to have on hand:**

"Meaningful" objects to draw from

Mirror with stand

Magnifying glass

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