



Smithsonian Associates

**Visual Journaling: Creativity Workout**

**Instructor: Renee Sandell**

**Supplies:**

10 sheets of White Drawing Paper (min. 60 lb)

Black Sharpie pen

Black Sharpie marker

Pencils Assortment of soft lead 2B, 4B, 6B plus any color pencils

Pencil sharpener

Color Markers: Fine-tipped and extra-fine tipped watercolor markers

**Optional Tools to have on hand:**

“Meaningful” objects to draw from

Mirror with stand

Magnifying glass