



Smithsonian Associates

Self Portraits: Photography

Instructor: Pat Howard

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Supply list (essential):

Camera (preferably with adjustable shutter speed and aperture) or

Cell phone

Tripod (or some other means to hold your camera/cell phone still – for example, I have a ring light I use for Zoom that has a holder for my cell phone). Or, here's an example of a tripod for a cell phone:

[Cell Phone Tripod on Amazon](#)

Please learn how to use the self-timer on your camera before class.

Optional:

Wireless Shutter Release – a way to take a photograph without physically pushing the shutter release on your camera. (a self-timer can also be used)

Here's an example for Canon cameras – please note, you'll need one specific to the brand of your camera:

[Remote Shutter Release for Canon Cameras](#)