



# Smithsonian Associates

## **Henna Workshop**

**Instructor: Sharmila Karamchandani**

Students will need to purchase a number of materials prior to the class -- many of which may be found either at home or at your local craft or dollar store -- including the following:

### **Items you may not have at home:**

- [100g Fresh Henna Powder](#) (Click link for recommended brand or get any other triple sifted henna for body application) To learn how to make a cone.
- [100% Natural Henna Cone](#). (Click link for recommended brand or get any other natural henna cone for body application) To apply and practice design on the day of the workshop.
- Lavender or Eucalyptus pure Essential Oil
- A nylon stocking (Only if you do not purchase triple sifted henna)
- 1 sheet protector (for practice)
- A roll of cellophane paper or Ziploc bags to prepare cone applicator (can be found in the gift wrapping aisles of any craft or dollar store)

### **Items you may already have at home:**

- Water, lemon juice, or black tea
- Sugar (any variety is fine)
- Small glass or ceramic mixing bowl
- Spoon
- Tall glass/cup
- Paper towel, napkin, or tissue
- Scissors
- Transparent tape (clear tape, not the "magic/invisible" variety)
- Copy paper, pencil and eraser

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